The Holy Mass is a religious rite in which prayers and sacrifices are offered to God, typically in the context of Christian worship, where the faithful gather to listen to readings from the Bible, receive the sacrament of the Eucharist, and offer prayers to God. The Mass is the central act of Christian worship and is celebrated weekly on Sunday in many Christian churches, including the Catholic Church.

In the Catholic Church, the Mass is the sacramental action by which Christ, in virtue of his priestly function, is present in the Eucharist and the sacrifice of himself is offered again in the People of God. The Mass is not a re-enactment of the Last Supper, but rather a continuing of the saving actions of Jesus in the context of the church's life. The Mass is a mystical participation of the faithful in the sacrifice of Jesus on the cross, a participation in the life of Christ and the body of Christ, the Church. The faithful, united with Christ and with one another, participate in the Sacrifice of the Mass through theSkip navigation links

Do You Believe?

The Council of Trent (1545 to 1563), whose teaching has not been abrogated by any subsequent council, declared that we must honor Our Lord Jesus Christ in the Holy Eucharist publicly so that those who observe the faith of Catholics in the Most Holy Eucharist might be attracted to the Eucharistic Lord and believe in the Divinity of Our Lord Jesus Christ, present in this great Sacrament.

The Catholic Church teaches that in the Eucharist, the Body and Blood of the Man of God are really, truly, substantially, and abidingly present together with His soul and divinity by reason of the Transubstantiation of the bread and wine into the Body and Blood of Christ. This takes place in the unbloody sacrifice of the Mass.

We have to ask ourselves, if we want to resolve the current pandemic. In this moment I recalled my own response to the current pandemic. In this moment I recalled the contemplation of the Church, which was something that struck me about myself, as a priest, as a father, I, too, must adopt this approach. Yes, of course still be motivated by charity towards my "spiritual children", but not by trying to make everyone happy or being well-liked and popular among everyone. Even that was the approach of Jesus, nor should it be the approach of a priest. This was something I certainly did not appreciate and understand then.

In our first reading from Deuteronomy, Our Heavenly Father addresses the people, saying, "You shall love the Lord your God with all your heart and with all your soul and with all your strength.

As Christian stewards, we must recognize that in the gifts of the Word of God and the Eucharist, we have everything we need to carry out our mission and to bring the Gospel to others. Without the Eucharist, we die spiritually. But through the Eucharist, we experience a taste of heaven right now — Whoever eats my flesh and drinks my blood has eternal life.

In our second reading, Paul writes to the Colossians, "As Christians, we are called to love one another, just as Christ has loved us. We are to be knit together in love, just as Christ has knit us together in love.

In our final reading, from the Gospel of John, the Lord Jesus Christ says to his disciples, "I am the living bread that came down from heaven. If anyone eats this bread, he will live forever; and the bread I will give for the life of the world is my flesh.

In the Eucharist, we experience a taste of heaven right now — Whoever eats my flesh and drinks my blood has eternal life.

The Eucharist is the source and summit of the Christian life, the center and fulfillment of the Church's mission. It is through the Eucharist that we receive the grace of the Holy Spirit and are united in love and sacrifice with the whole people of God. The Eucharist is the heart of the Church's life, and it is through the Eucharist that we are able to participate in the divine life of God and to be transformed into the image of Christ.

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I'm a Father

As a priest, as a father, it is my role to lead by example and to show the children of the church how to live a Christian life. This is something that I certainly did not appreciate and understand then.

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